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| **Positive conversations about**  **Death and Dying with People with Learning Disabilities** | | Logo  Description automatically generated |
|  | Marie Curie provides help with practical information and support on all aspects of life with terminal illness, dying and bereavement. The website has access to easy read information on things like coping with feelings and where you can get help and support. They can be downloaded, or hard copies requested:  [**https://www.mariecurie.org.uk**](https://www.mariecurie.org.uk) | |
| A picture containing graphical user interface  Description automatically generated | MacMillan has helpful information about dealing with end of life and offers advice about how you may feel when someone dies and going to a funeral.  They have over 50 easy read information booklets about lots of different topics including dealing with end of life and after someone dies. They are co-created with people with learning disabilities.  [**www.macmillan.org.uk**](http://www.macmillan.org.uk) | |
|  | Sue Ryder provides palliative, end of life care and bereavement support. The website has information, advice, and resources to help you throughout your grief.  [**https://griefguide.sueryder.org/**](https://griefguide.sueryder.org/) | |
|  | Bereavement signposting and information service. Regularly updated, accessible, free and provides everything a bereaved person needs in one place, for comprehensive, holistic, and tailored support. It provides self-help for bereaved individuals, assistance for professionals and those offering support, and wellbeing for employees.  [**https://www.ataloss.org/**](https://www.ataloss.org/) | |
|  | Guidance to support autistic people with grief.  [**https://www.autism.org.uk/advice-and-guidance/topics/mental-health/bereavement/professionals**](https://www.autism.org.uk/advice-and-guidance/topics/mental-health/bereavement/professionals) | |
| **A picture containing graphical user interface  Description automatically generated** | Macintyre shares resources that help with practical and emotional aspects of death and dying. They have been specifically designed for people with a learning disability, autistic people, and their circles of support.  The website has lots of information to help understand and get started talking about death and dying including blogs, case studies and free end of life care plans.  [**www.macintyrecharity.org/our-approach/death-and-dying/**](http://www.macintyrecharity.org/our-approach/death-and-dying/)  [**www.macintyrecharity.org/our-approach/resources/my-plan-for-before-i-die/**](http://www.macintyrecharity.org/our-approach/resources/my-plan-for-before-i-die/)  [**www.macintyrecharity.org/our-approach/resources/my-plan-for-after-i-die-easy-read/**](http://www.macintyrecharity.org/our-approach/resources/my-plan-for-after-i-die-easy-read/) | |
|  | Everyone feels sad when somebody dies, and people with intellectual disabilities feel the same grief as anyone else. These books tell stories of people when someone they love dies. People with learning disabilities, families, support staff and professionals in health and social care settings have worked together to create these resources.  [**booksbeyondwords.co.uk/bookshop/paperbacks/when-somebody-dies**](https://booksbeyondwords.co.uk/bookshop/paperbacks/when-somebody-dies)  [**admin@booksbeyondwords.co.uk**](mailto:admin@booksbeyondwords.co.uk) | |

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|  | Self-advocacy group for people with learning disabilities, their mission is to ensure that the voices of people with a learning disability are heard, respected, and valued and as a result they are able to live happier and healthier lives.  They have been having lots of conversations about their own wishes and discussing how they can become more empowered to make informed choices and raise awareness of sensitive subjects such as death and dying.  Dignity And Voices In Dying (DAVID)  This is a project that has developed easy read information and resources, some examples are: Funeral planning, Bereavement, Will writing, Organ donation.  [**peoplefirstmerseyside.co.uk/our\_work/dignity-and-voices-in-dying-david/**](https://peoplefirstmerseyside.co.uk/our_work/dignity-and-voices-in-dying-david/)  **Email: info@peoplefirst.uk.com** |
|  | The PCPLD Network brings together service providers, people with a learning disability and carers working for individuals with learning disabilities who have palliative care needs.  [**www.pcpld.org/links-and-resources/**](http://www.pcpld.org/links-and-resources/)  The Victoria and Stuart Project is about finding the best ways to help people with learning disabilities plan for the end of their life. They support people with learning disabilities get care and support when they are ill and going to die.  [**www.victoriaandstuart.com/**](http://www.victoriaandstuart.com/)  **Stuarts Story**  Stuart Hasler was a man with learning disabilities who died in 2020. One of Stuart’s legacies is the Victoria & Stuart Project (named after him), aimed at developing resources and guidance that will enable other people with learning disabilities to be involved in planning their end-of-life care.  Here is his inspiring story:  [**Stuart's Story (youtube.com)**](https://www.youtube.com/watch?v=csbs1wxPZpg) The following link contains the end-of-life care planning toolkit that assists service users, their carers and healthcare professionals: [**End Of Life Care Planning | The Victoria And Stuart Project**](https://www.victoriaandstuart.com/) |
| Bradford People First | A local organisation making the lives of people with learning disabilities better in Bradford and throughout the country.  [**www.bradfordpeoplefirst.org.uk/**](http://www.bradfordpeoplefirst.org.uk/) |
| Exclusively Inclusive | Small Good Stuff | Exclusively Inclusive is a voluntary community group who have been organising inclusive social opportunities in and around the Skipton area of North Yorkshire since 2015.  [**www.facebook.com/pages/exclusively-inclusive/363559710458253**](http://www.facebook.com/pages/exclusively-inclusive/363559710458253) |
|  | People First Keighley & Craven is a registered charity supporting disabled people across Yorkshire and Humber, run by and for people with learning disabilities with lived experience.  [**www.peoplefirstkc.com/**](http://www.peoplefirstkc.com/) |
|  | Snoop is a local organisation who offer services for children and young people with disabilities and complex health needs.  [**www.snoopcharity.org/**](http://www.snoopcharity.org/) |
|  | Lynfield Mount Hospital library service.  The library contains resources on all aspects of health, but with a focus on mental health, community healthcare, learning disabilities and health management.  [**www.bdct.nhs.uk/working-for-us/library-health-promotion-resources/**](http://www.bdct.nhs.uk/working-for-us/library-health-promotion-resources/) |
| A picture containing flower, graphics  Description automatically generated | Free and confidential counselling service to anyone aged 16+ in the Bradford District area.  [**www.bradfordbereavement.org.uk**](http://www.bradfordbereavement.org.uk)  Telephone: 01274 619522 |
| Cruse Bereavement Support | Cruse offers free and confidential support services, open to all no matter when a death occurred.  [**Supporting people with learning disabilities through grief - Cruse Bereavement Support**](https://www.cruse.org.uk/about/blog/supporting-people-with-learning-disabilities-through-grief-and-bereavement/)  Helpline – 0808 808 1677 |

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| Winston's Wish | Provides emotional and practical bereavement support to children, young people and those who care for them. They also provide online resources, specialist publications and training for professionals.  Freephone Helpline: 08088 020 021  [**www.winstonswish.org**](http://www.winstonswish.org)  [**ask@winstonswish.org**](mailto:ask@winstonswish.org) |
| A picture containing text, font, logo, graphics  Description automatically generated | Child Bereavement UK helps families to rebuild their lives when a child grieves or when a child dies. They support children and young people (under 25) when someone important to them has died or is not expected to live, and parents and the wider family when a baby or child of any age dies or is dying. Free, confidential bereavement support for individuals, couples, children, young people, and families, by telephone, video or instant messenger, across the UK. We also offer in-person support from several locations.  Freephone helpline: 0800 028 8840  [**www.childbereavementuk.org**](http://www.childbereavementuk.org)  [**northsupport@childbereavementuk.org**](mailto:northsupport@childbereavementuk.org) |
|  | Learning disability charity, fighting for equal rights, campaigns for greater opportunities and challenges attitudes and prejudice. Provides advice and support to meet peoples needs throughout their lives.  If someone with a learning disability has an inheritance left directly to them, it could lead to the loss of means tested benefits and support package. Setting up a discretionary trust can give them financial security and help.  Free and impartial advice.  Wills & Trusts 0207 6966925  [**willsandtrusts@mencap.org.uk**](mailto:willsandtrusts@mencap.org.uk) |

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|  | A visual communication framework which supports people with communication difficulties to express their feelings and views. Talking Mats can be conducted physically or in a digital space, for example a tablet, laptop, or computer for which they have created one of the best apps for communication disability. It supports adults and children with communication difficulties, including people with learning disabilities, dementia, mental health issues and stroke.  Talking mats have developed a funeral planning and eulogy resource in conjunction with PCPLD Network:  [**www.talkingmats.com**](http://www.talkingmats.com)  [**info@talkingmats.com**](mailto:info@talkingmats.com)  Telephone: 01786 479511 |
| A picture containing font, graphics, logo, text  Description automatically generated | Conversation cards that have been created to help conversations on life, death, and loss.  [**www.paradigm-uk.org**](http://www.paradigm-uk.org)  [**hello@paradigm-uk.org**](mailto:hello@paradigm-uk.org)  Telephone: 020 8870 8643 |
| A picture containing text, font, logo, screenshot  Description automatically generated | Offers support with: 'Life. Loss. Learning. Legacy'  The Lippy People work with storytellers from the ages of 18 to 100 years old from diverse backgrounds including people with learning disabilities. They have co-produced and shared over 120 video stories on subjects including the bereavement of partners, parents, children, and friends. They offer a 12-week, storytelling and coaching service which supports people to reduce the isolation they often feel because of significant life-changing experiences including bereavement, end of life or significant changes in their health.  [**www.lippypeople.org**](http://www.lippypeople.org)  [**Info@lippypeople.org**](mailto:Info@lippypeople.org) |
| A close-up of a logo  Description automatically generated with medium confidence | Bereavement counselling service for people in the Bradford area that is free and confidential. Telephone: 01274 619522  [**www.bradfordbereavement.org.uk**](http://www.bradfordbereavement.org.uk)  email: [**info@bradfordbereavement.org**](mailto:info@bradfordbereavement.org) |
| A black text on a white background  Description automatically generated with medium confidence  A close up of a logo  Description automatically generated with low confidence | ReSPECT (Recommended Summary Plan for Emergency Care and Treatment). ReSPECT plans create a summary of personalised recommendations for a person’s clinical care in a future emergency where a person may not have capacity to make or express choices. This plan can be for anyone but is important for people who have complex health needs, people who could be nearing the end of their lives, and people who are at risk of sudden deterioration or cardiac arrest.  Tel: 020 7388 4678  [**www.resus.org.uk/respect/respect-healthcare-professionals**](http://www.resus.org.uk/respect/respect-healthcare-professionals) |
|  | Kathryn Manning is a doctor who has dedicated her career to helping dying people and those who care for them. Her work helps people better understand and prepare for their own deaths or the death of others. The following link is to a video that explains death and the importance of talking about it.  [**Dying For Beginners**](https://youtu.be/ayMhA1pRLeY?si=lKGHhwbNhgaJhxJy) |
| LDE logo | Learning Disability England in conjunction with Turning Point have produced an easy read guide to help people with learning disabilities, their families and support staff understand DNRs.  [**DNR: A guide for understanding your rights and challenging decisions – Learning Disability England**](https://www.learningdisabilityengland.org.uk/news/latest-news/dnar-a-guide-for-understanding-your-rights-and-challenging-decisions/) |

**If you have any questions or need advice, please contact the community learning disability nursing team:**

**Waddiloves Health Centre: 01274 497121**

**Email: LD.dyingtosupport@bdct.nhs.uk**

Local hospice details:

**Manorlands Oxenhope:** 01535 642 308 email:**manorlands@sueryder.org**

**Marie Curie Bradford:** 01274 337 000 email:**bradford.hospice@mariecurie.org.uk**