**WACA February 2024 Newsletter**

**General Update:**

* The WACA capacity and access survey is still open and we would very much appreciate you continuing to share this with your groups and ask that it is shared as widely as possible - the link for this is [https://www.surveymonkey.com/r/YKYCZ5S](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.surveymonkey.com%2Fr%2FYKYCZ5S&data=05%7C02%7Cfiona.bashforth%40nhs.net%7C48fb5c657997413697c508dc28055064%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638429250489839059%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=VvSCBPqHV8UAnmUsCb%2FP8ug8QuQ7Ye4TDdNZfvafrSg%3D&reserved=0)

* The blood-pressure self-management online talk that we held recently went very well and the recording will soon be available on the WACA Youtube channel - please let me know if you would like to be sent the link.

* As discussed at the last WACA patient network meeting, we are currently looking to put together a framework that will help define the role of the PPG in order that it may help with recruitment and for the Surgeries that do not have an active PPG - we will send a draft through of this shortly.

**Wharfedale and Airedale:**

* We have launched a brief intervention alcohol and drug clinic that runs every Monday at Springs Medical Centre in Ilkley. Patients can self-refer through the New Vison website or ask their Surgery for a referral from a clinician. This service is available for all Wharfedale Surgeries and Ling House Medical Centre - attached is a poster with more information and the referral form is [https://newvisionbradford.org.uk/get-help/#referalform](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnewvisionbradford.org.uk%2Fget-help%2F%23referalform&data=05%7C02%7Cfiona.bashforth%40nhs.net%7C48fb5c657997413697c508dc28055064%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638429250489852090%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=Ma1iJH6fyClmuS1u%2B4QC0kUXueyq%2BSnkUFKb74kpcv4%3D&reserved=0)
* Wharfe Valley Family Links are starting a new 10-week parenting course in Ilkley - attached is the information poster and parents / carers can book a place or get more information by emailing WharfeValleyFamilyLinks@gmail.com
* The monthly menopause 'peer support group' at Springs Medical Centre continues to be very well-attended and will carry on running on the first Thursday of each month.
* We are running an Autism workshop for parents and carers at Centre Hall, Keighley on Thursday 21st March - places are limited but can be booked at      [https://www.eventbrite.com/e/autism-health-talk-for-parents-and-carers-tickets-820114553707?aff=oddtdtcreator](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.eventbrite.com%2Fe%2Fautism-health-talk-for-parents-and-carers-tickets-820114553707%3Faff%3Doddtdtcreator&data=05%7C02%7Cfiona.bashforth%40nhs.net%7C48fb5c657997413697c508dc28055064%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638429250489864756%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=O2idbuSbJlmnpJGIEflbEbT2lVZgpng8CpuQwEwvY5o%3D&reserved=0) (poster also attached)

**Craven:**

* We are running an Autism workshop for parents and carers at Townhead Surgery on Thursday 22nd February, this is just for Townhead patients and places can be booked at [https://www.eventbrite.com/e/autism-health-talk-for-parents-and-carers-tickets-757625156237?aff=oddtdtcreator](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.eventbrite.com%2Fe%2Fautism-health-talk-for-parents-and-carers-tickets-757625156237%3Faff%3Doddtdtcreator&data=05%7C02%7Cfiona.bashforth%40nhs.net%7C48fb5c657997413697c508dc28055064%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638429250489877402%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=l0JxLYodNrpVsszWqPzokoulwVYtOpKt6mZHSuC29vU%3D&reserved=0) (poster also attached)
* Bradford District HCP are running an event on April 9th at Skipton Baptist Church to provide an update on the Mental Health Transformation programme, you can read more about this on the WACA website [https://www.wacalliance.co.uk/our-projects/waca-mental-health-service/mental-health-community-hubs.html](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.wacalliance.co.uk%2Four-projects%2Fwaca-mental-health-service%2Fmental-health-community-hubs.html&data=05%7C02%7Cfiona.bashforth%40nhs.net%7C48fb5c657997413697c508dc28055064%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638429250489885975%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=DEGug%2FZtwdTggnkdW2GihCn0lEAPsesQeEWlhqoQ4jw%3D&reserved=0) but to book a place, you can call  01274 228 298 or email involve@bdct.nhs.uk