

WACA PPG June Newsletter

General Update:

- The cancer prevention talk that was done by Dr Rose Kennedy from Dyneley House Surgery is now available to listen to on the WACA website <https://www.wacalliance.co.uk/latest-news/the-cancer-prevention-talk-is-now-available-on-the-waca-youtube-channel.html>
- The June 'Living Well' Newsletter can be downloaded here <https://content.govdelivery.com/accounts/UKBMD/bulletins/3a22f08>
- We are building a learning disability resource page on the WACA website which details information on the Happy Monday's group that is run by Exclusively Inclusive as well as resources to assist patients with annual health checks and other health issues, this can be found at <https://www.wacalliance.co.uk/our-projects/happy-mondays-group.html>
- The NHS West Yorkshire and Harrogate Cancer Alliance have launched a new podcast series covering topics of interest to both people affected by cancer and the professionals who support them, these can be found at https://canceralliance.wyhpartnership.co.uk/our-work/listen-our-podcast-series?fbclid=IwZXh0bgNhZW0CMATAAR3rFRXsKkil40TZZvxKw9y5cs48sEQ_Uv1iKybMNBkhOGhtrB9S_r00UEQ_aem_EjN22QI2FBEawMXgKufHWQ
- Attached is a leaflet regarding the build of the new Airedale Hospital (we will be receiving printed copies that we will distribute to each Surgery) and in the WACA Patient Network Meeting on July 10th, we will be having a short presentation / Q&A session by Kate Jackson from AGH.
- Purple Patch Arts run lifelong learning programmes for adults with learning disabilities, attached is some information on their term-time programmes in Ilkley and Skipton.

Airedale and Wharfedale Update:

- In partnership with Keighley Healthy Living, we have launched a new Blood Pressure Connect programme for patients in Wharfedale that have had confirmation of raised blood pressure, we are sending out invitations for patients to sign-up but you can also self-refer into this programme - see the attached flyer for more information
- As part of the 'Mental Health connect' programme, there is a new drop-in session in Ilkley on Wednesday's 11am-1pm at Christchurch starting on July 3rd - more information can be seen on the attached poster. This is in addition to the Thursday drop-in session.
- There is information on the attached poster about some Dementia support drop-in sessions happening in Ilkley throughout July and August

Craven Update:

- We will be running a GP Led Menopause session on Thursday 18th July at Townhead Surgery, we will send out the link to book a place at this in the next week or two.
- The monthly peer support Stroke and Osteoporosis support groups continue to run at Dyneley House, more information on dates and guest speakers can be found at <https://www.wacalliance.co.uk/our-projects/peersupport-groups.html>

WACA Patient Network Meeting, Wednesday 10th July 2pm - 3pm

We will send out the agenda and joining instructions next week but please let us know if there is anything you want added to the agenda.